

Promoting the needs and added value of informal carers at EU level

Stecy Yghemonos – Executive Director Elizabeth Hanson – Vice-President for Research



The Eurocarers Network



European network of carers' organisations and relevant research & development organisations

Over 65 member organisations

Eurocarers defines a carer as a person who provides <u>unpaid</u> care to someone with a chronic illness, disability or other long lasting health or care need, <u>outside a professional or formal</u> <u>framework</u>.



Our Mission

- → Contribute to sustainable social protection systems and recognition of informal carers
- → Prevent carers from falling into poverty and social exclusion
- → Stimulate and support the development of carers' organisations in EU countries and regions

Data collection and production

- Evidence
- Share good practices among Member States
- Recommendations

Advocacy

- Partnerships
- Solidarity and economic argument
- Inform policy makers
- Communication (newsletter, websites)



 \rightarrow Implement/Document

 \rightarrow Raise awareness

Socioeconomic backdrop



- \rightarrow Boost jobs to make the EU social model future-proof
- \rightarrow Adapt the welfare state to the new context through innovation
- \rightarrow Budget Cuts and cost containment, doing more with less



The EU Semester



EUROPEAN SEMESTER: A PARTNERSHIP EU-MEMBER STATES



Glossary: AGS: Annual Growth Survey - AMR: Alert Mechanism Report - CSR: Country-Specific Recommendations

© European Commission 2015

From social retrenchment to social investment

<u>The Social Investment Package comprises three policy strands:</u>

 \rightarrow Spending more effectively and efficiently

 \rightarrow Investing in people's skills and capacities



→ Ensuring that social protection systems respond to people's needs at critical moments during their lives



The Social Investment Package

 \rightarrow <u>Investing in Children</u>: breaking the cycle of disadvantage

- \rightarrow <u>Active Inclusion of people excluded from the labour market</u>
- → <u>Strengthening Social Services</u> of General Interest
- \rightarrow Long-Term Care in ageing societies
- → Confronting <u>Homelessness</u>
- \rightarrow Investing in Health
- → Making good <u>use of Structural Funds</u> The European Social Fund



The Situation of carers in Europe The Personal is Political



Across Europe, unpaid family carers and friends are the largest providers of health and social care support

As demographic change increases demand, the 'balance of care' increasingly shifts to informal care

Women are disproportionately affected and are more likely to give up employment to care



Impact of caring

Clear correlation between caring and:

- Work-life/care balance and employment
- Social exclusion and poverty
- Health and well-being



"As a carer, you have no social life whatsoever. I have been an unpaid carer for 20 years. I do not feel part of society at all. I feel a complete outsider"



What do carers want?



Financial support: income based on a minimum wage

Employment: flexible working, paid and/or unpaid leave

Pension credits for care time

Regular breaks from caring

Training



The Eurocarers Research Working Group

→ 'Kick-off' meeting - Dublin, 22nd April 2015

 \rightarrow Teleconference meetings- May 26th 2015

 \rightarrow Second meeting –Brussels , 17 June 2015





Aims of our group

→ Create a vibrant and sustainable research community

- Stimulating the creation and sharing of different forms of knowledge and expertise among members
- Strengthening research capacity among Eurocarers' members

\rightarrow Identify and reach consensus on current research priorities

- including gaps in knowledge and scientific challenges within care, carers and caring in Europe

→ Act as a catalyst for more cohesive and strategic collaborative work

- Within the identified prioritised areas

→ To facilitate the work of Eurocarers as an organisation

- To be able to work proactively and influence the research agenda in the areas of care, carers and caring at EU level, for example, Horizon 2020

\rightarrow To feed into the definition of evidence-based policy recommendations

- Supporting the role and added value of carers



Thank you

www.eurocarers.org

