

## Community Initiatives in Care and Social Care Services



in the Netherlands

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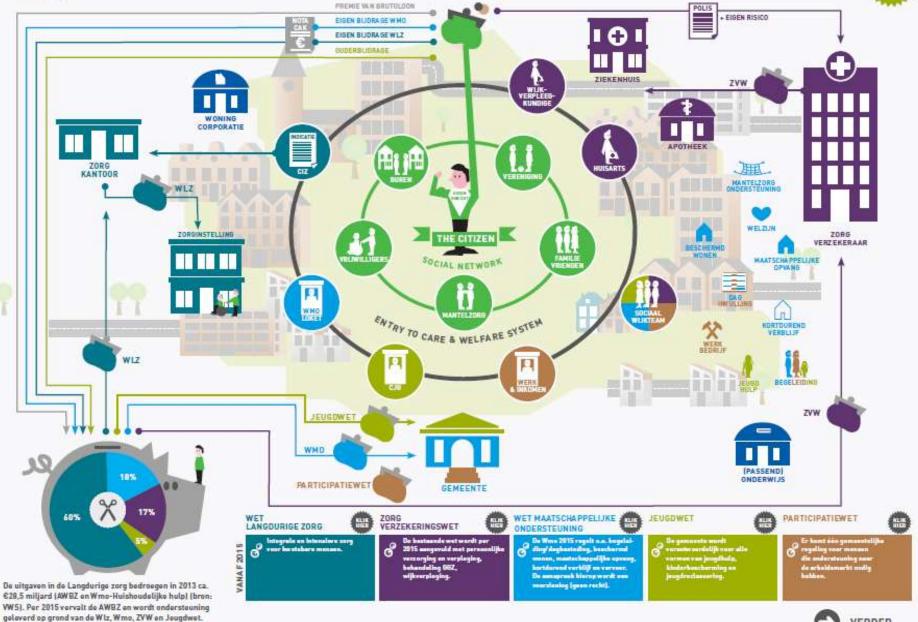
- 1. Changes dutch healthcare system
- 2. Scenario's
- 3. Research citizens initiatives
- 4. Further research



Tevens worden ar op onderdelen bezulnigingen deorgevoord.

#### Hervorming van zorg en ondersteuning: de vertaling van de transities binnen de gemeente





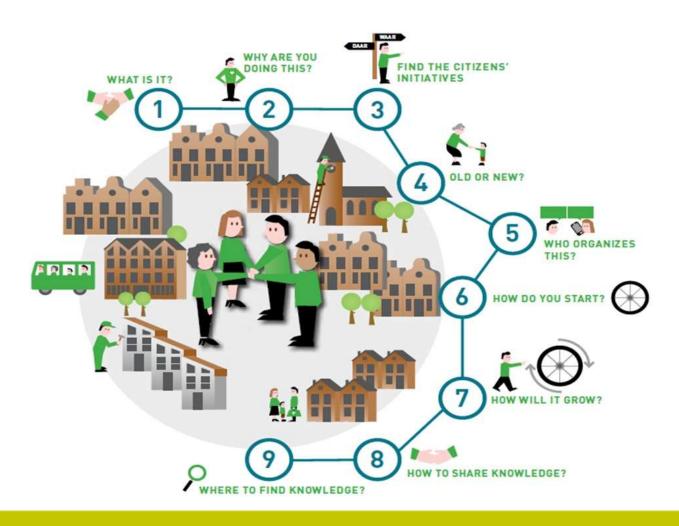


### 2. scenario's



'We do it ourselves'

# 9 things to know about citizen's initiatives



### What is it?

- Local context
- Citizens do it for and by themselves
- Services about care and well-being
- Reciprocity and engagement

#### SHOW ME!



· Care cooperatives in North-Brabant



· Austerlitz Zorgt (Austerlitz Cares)

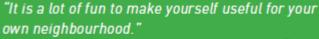


Together in Lennisheuvel

### Why?

- Withdraw of health care professionals → Thinly populated area's
- Not satisfied with current health care
- Just for fun!

"I didn't see anyone in the streets, a good atmosphere was missing. With warm, personal matching I contribute to social bonds in the neighbourhood."





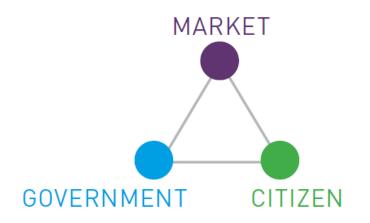
### How many?

- July 2014: 77 initiatives
- January 2015: 102 initiatives
- High concentration in the south
- Amsterdam city neighbourhoods



### Old or new?

- Community initiatives new phenomenon?
- 1800 mostly charitable initiatives
- 1900 health care system is institutionalizing
- 2006 reformation, less professionals more participation



#### INITIATOR

"A while ago me and some other local residents had the idea to improve the quality of living in our neighbourhood. Since I didn't see anyone in the streets anymore and wanted to do my bit for the elderly residents in our village.."



#### VOLUNTEER

"Every Tuesday I prepare meals for thirty elderly with four other volunteers. I like to socialize in this way and hope that others will cook for me in the future as well."



"I work at a domestic care organisation. I take care of people at home. Next to that, I have regular contact with the care coordinator of the citizens' initiative."



#### COMMITTEE

"I am one of the members of the committee, while also being a citizen and member of the initiative. I was chosen by the members and am responsible for the initiative. Everything is done in consultation with the members."



"I answer people's questions concerning the initiative. And actively search for solutions."



#### CARE COORDINATOR

"I help citizens with questions concerning home help, personal care and nursing care. I make sure to use volunteers and professional caregivers where necessary."





#### CITIZEN

"I am primarily a citizen, but also a member and user of the citizens' initiative. Because I'm a member, I have a say about the direction the citizens' initiative is taking."

#### INFORMAL CARER

"I commit to helping my mother on a daily basis, together with the volunteers, village supporter and professionals.



### How to start?

- Starts with an idea!
- Meeting with community "what is the need?"
- Bottom-up
- Information exchange between initiatives



### How will it grow?

- More and more members
   → based on actual
   needs → natural course
- Initiatives are working together with formal care organizations or professionals.
- Search for ways to cooperate



### 4. Further research

2015 narrative research

 Describe value of initiatives from different perspectives

- 2 initiatives
- Different roles /stakeholders
- Related to initiative

Conclusion: Growth and development are shared values

### Thank you for your attention

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