



Professionals' Awareness of Young Carers & Young Adult Carers in Switzerland

2nd International Young Carers Conference in Malmö, Sweden 29-31 May 2017

Prof. Dr. Agnes Leu
Dr. phil. Corinna Jung

Outline

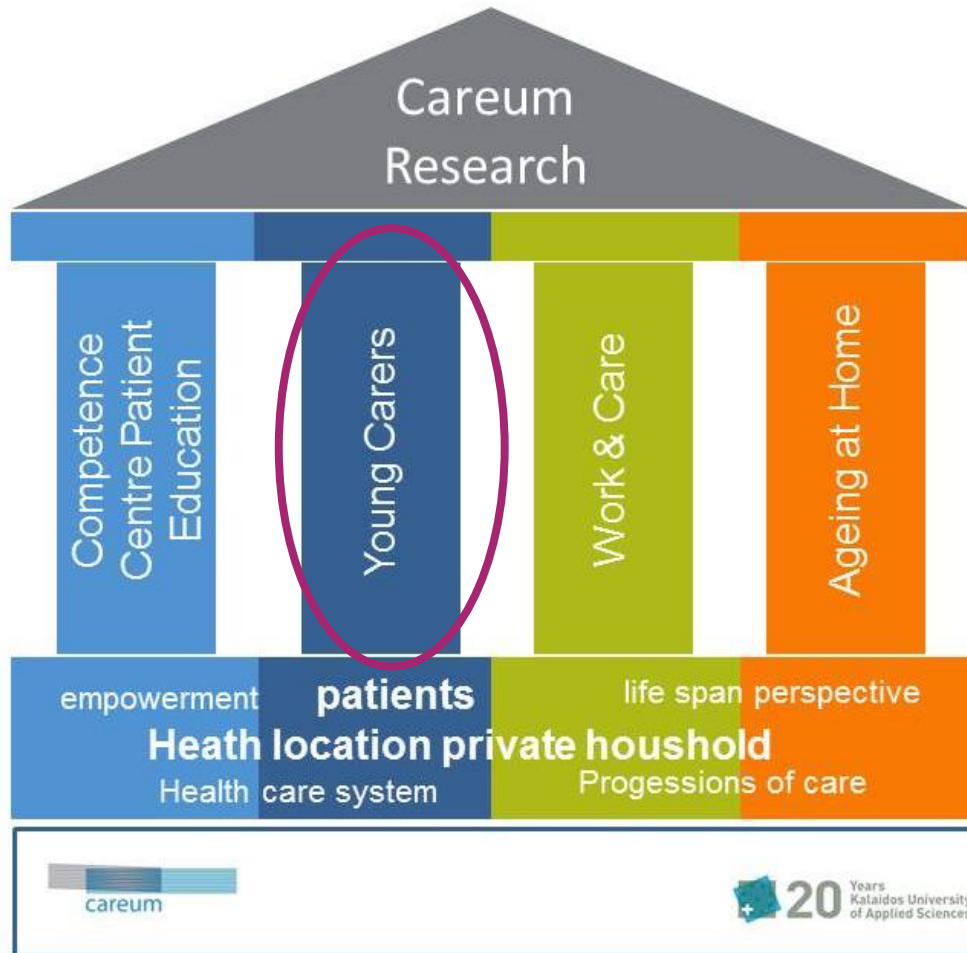
1. Careum Research & Programme “Young Carers”
2. First Findings SNSF-Project “Young Carers and Young Adult Carers in Switzerland”

Focus on Professionals' Awareness on YC & YAC

3. Questions & Discussion

Careum Research

Research Orientation along the Lifespan



Careum Research Team Young Carers



Research Programme “Young Carers”

Strategic Approach

What is the significance for Switzerland?

Children and young adults up to 24 years	YC & YAC 2%	YC & YAC 4%	YC & YAC 5%
2'171'551	43'431	86'862	108'578

(Figures of the Federal Statistical Office Switzerland, 2015)

Research Programme “Young Carers”

Ongoing Subprojects (SP)

Research Programme Young Carers in Switzerland				
EBNET Foundation		SNSF (Swiss National Science Foundation)		
SP 1 (2014)	SP 2 (2015)	SP 3 (2016)	SP 4 (2017)	SP 5 (2018)
Young Carers & Young Adult Carers in Switzerland	Awareness of professionals from health care, education and social services	Awareness of professionals from health care, social services and education	Pupils (aged 9 to 16) in schools, representative sample	Young Carers & Young Adult Carers and affected family member
5 cantons	5 cantons	Swiss wide	Swiss wide	Swiss wide
30 interviews	5 focus groups	online survey	online survey	40 interviews
qualitative		quantitative		qualitative

SNSF-Project CH-UK

Young Carers & Young Adult Carers in Switzerland

Sub-project 3: Quantitative online survey among professionals (education, health care, social services)

Aim

- to examine the awareness of young carers amongst Swiss professional populations
- responses from approximately

Achieved:
4,731 Responses

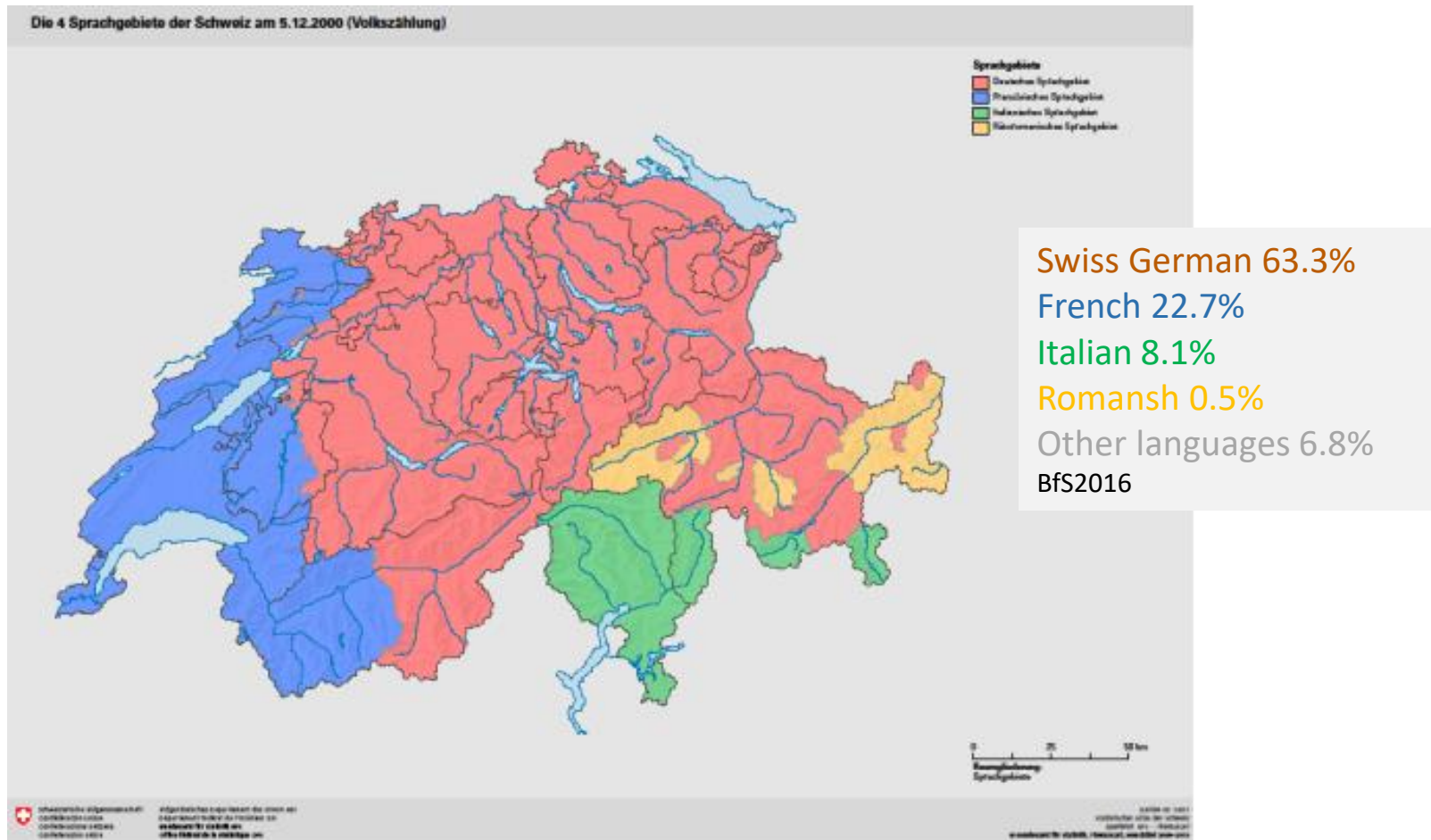
Method

- Swiss-wide online-survey in three languages



SWISS NATIONAL SCIENCE FOUNDATION

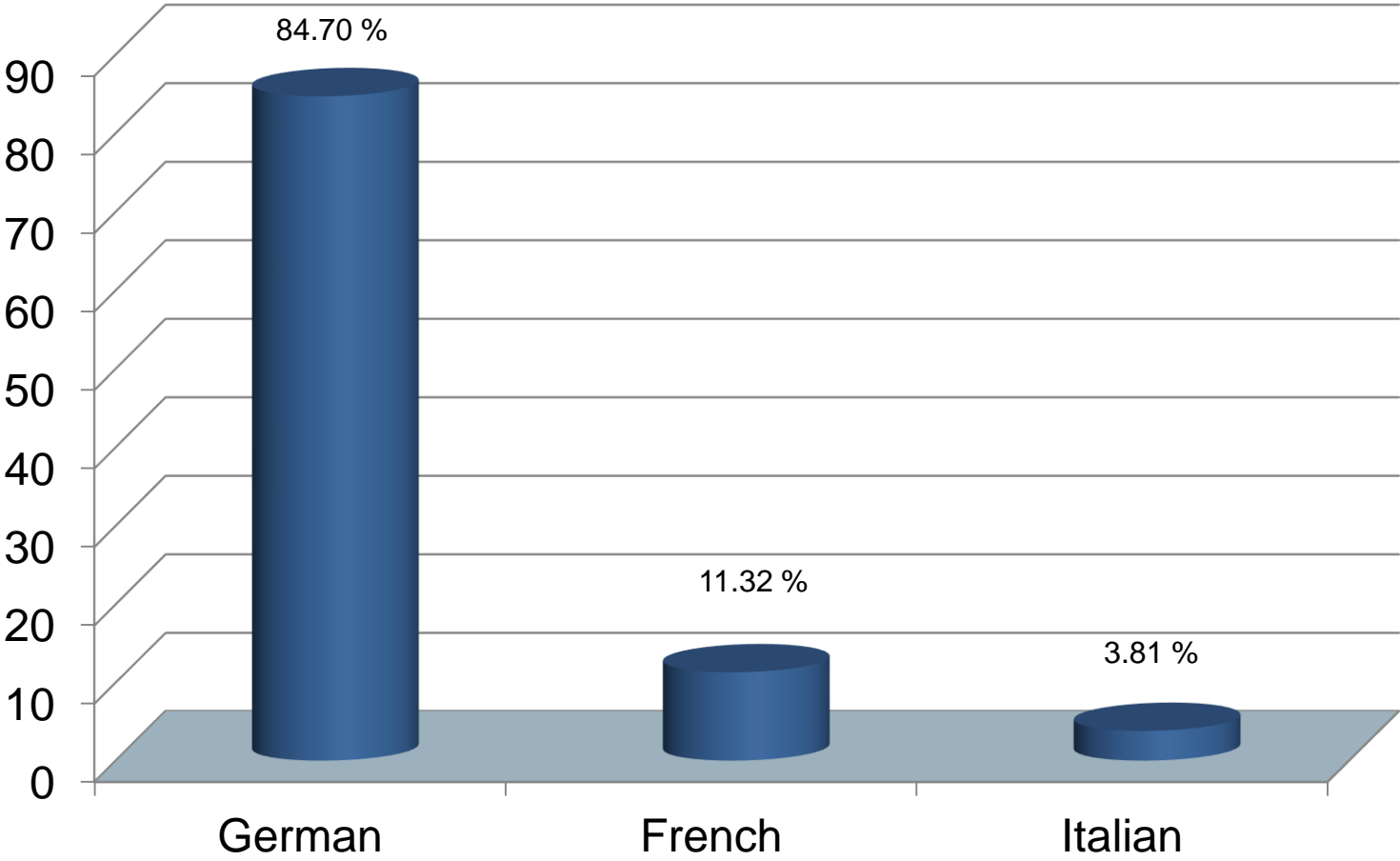
Young Carers & Young Adult Carers in Switzerland – First Results



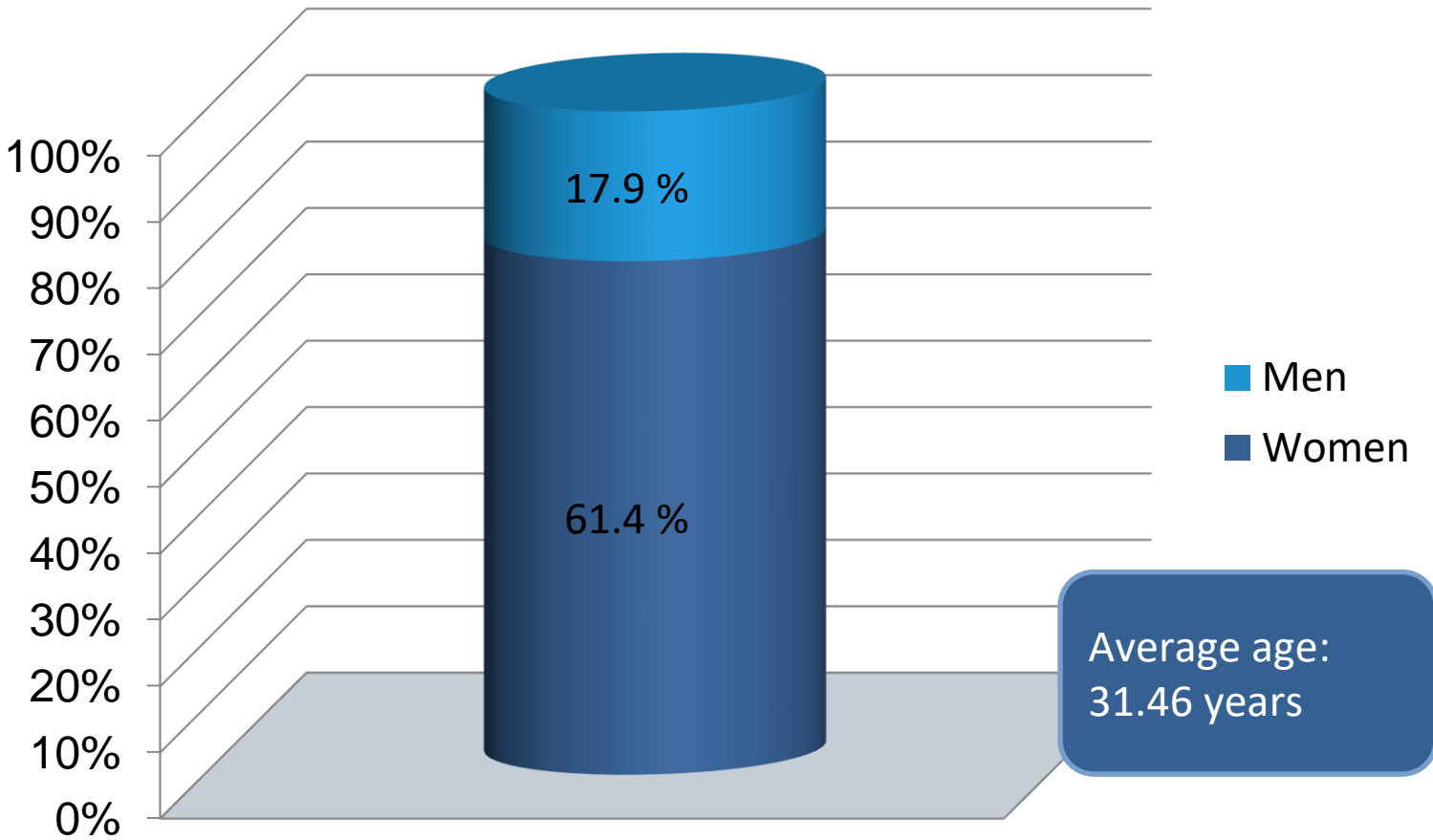
Professionals' Awareness of Young Carers & Young Adult Carers in Switzerland

The Participants of the Survey

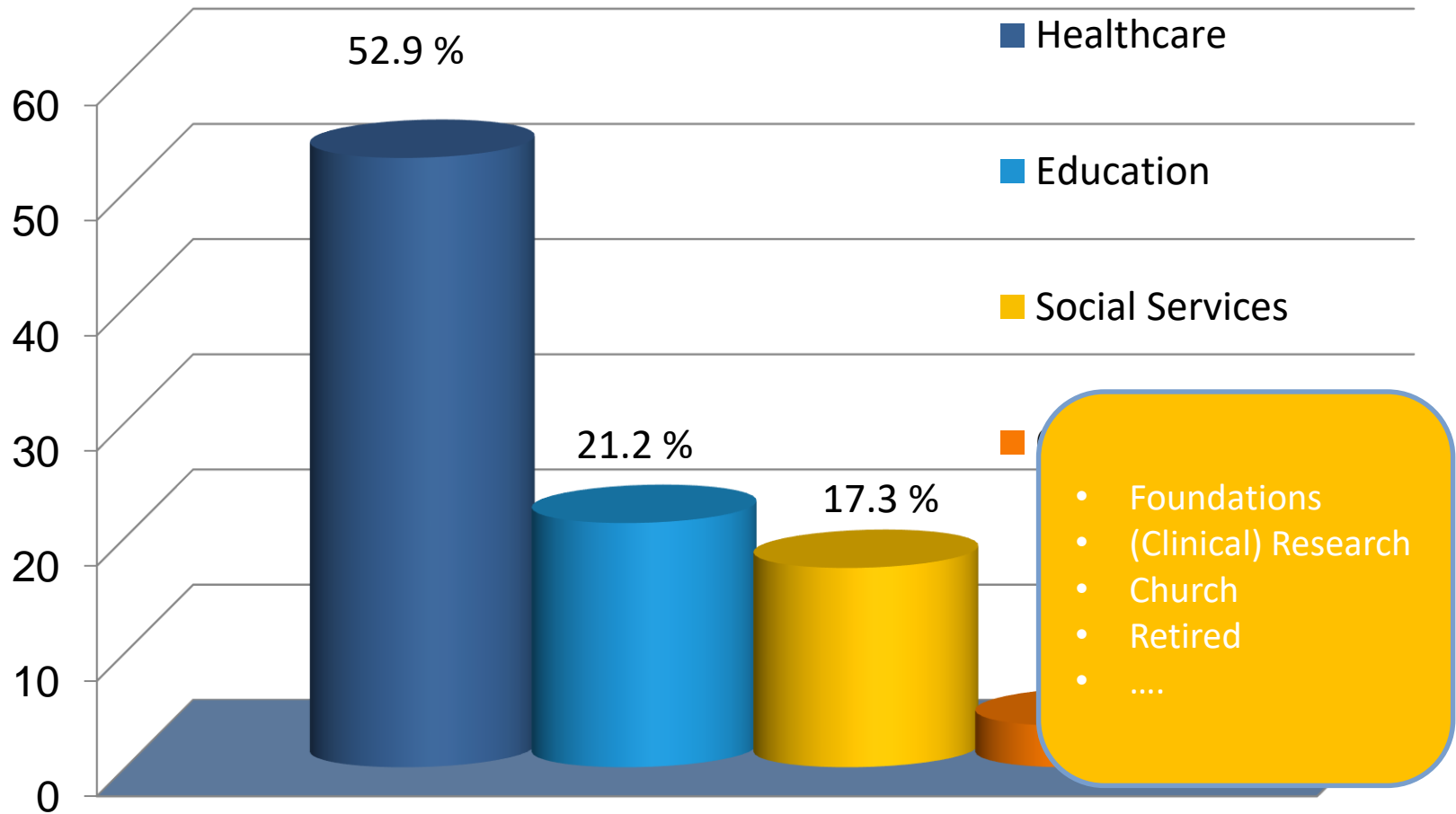
Languages Spoken by Survey Participants



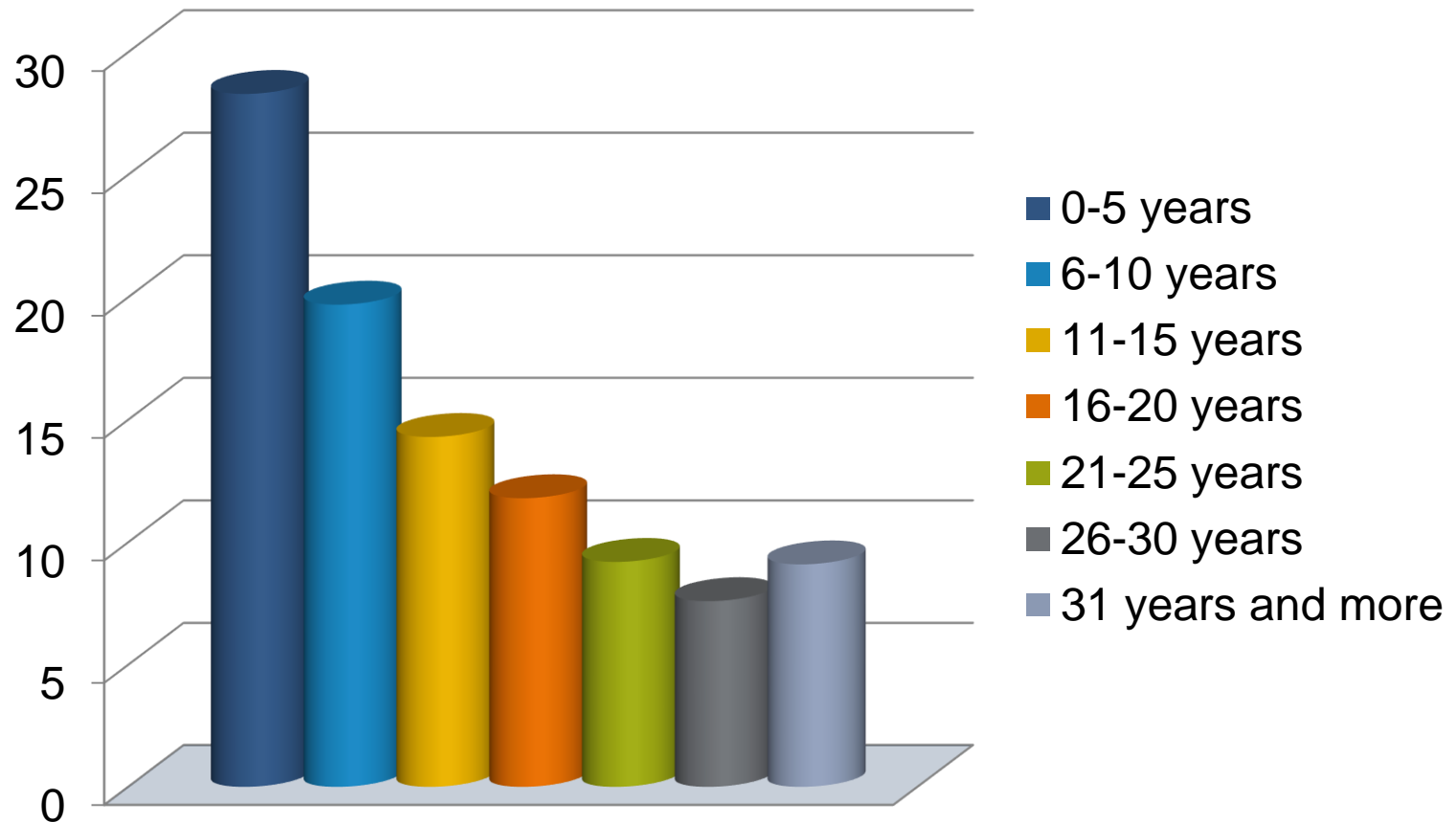
Participants by Gender & Age



Participants by Professional Sector



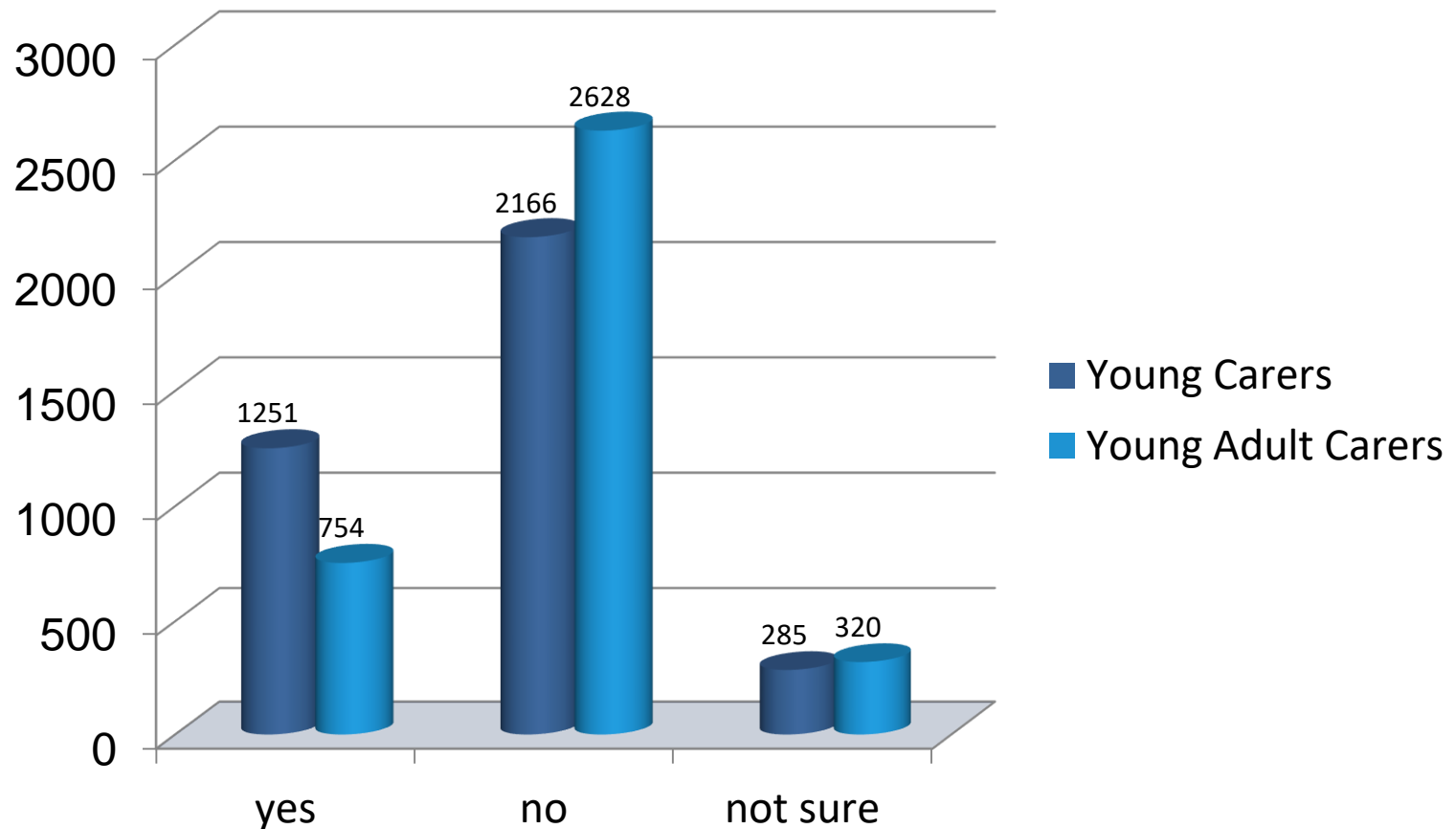
Participants by Work Experience



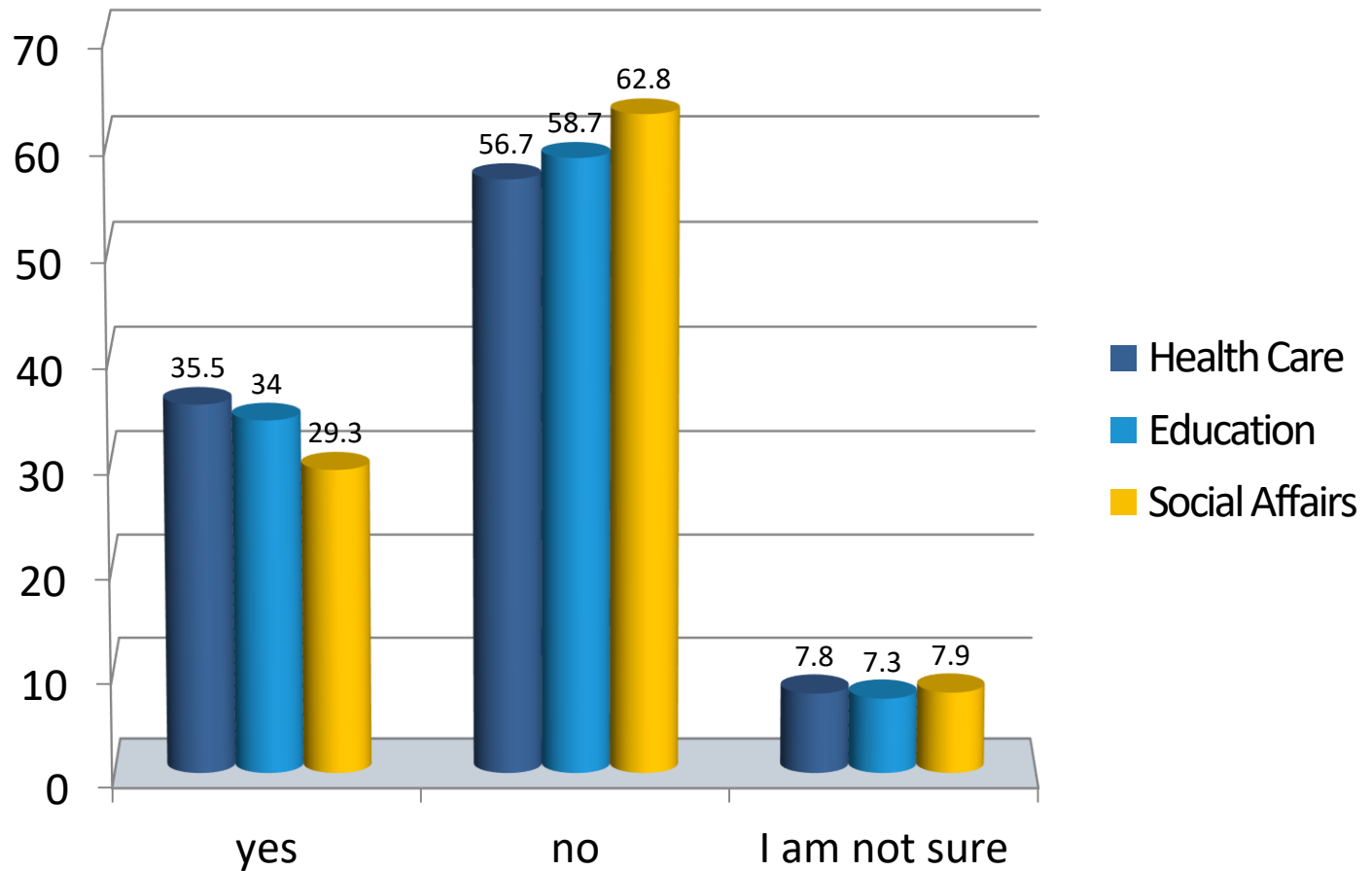
Professionals' Awareness of Young Carers & Young Adult Carers in Switzerland

The Participants – Professional Awareness of Young Carers

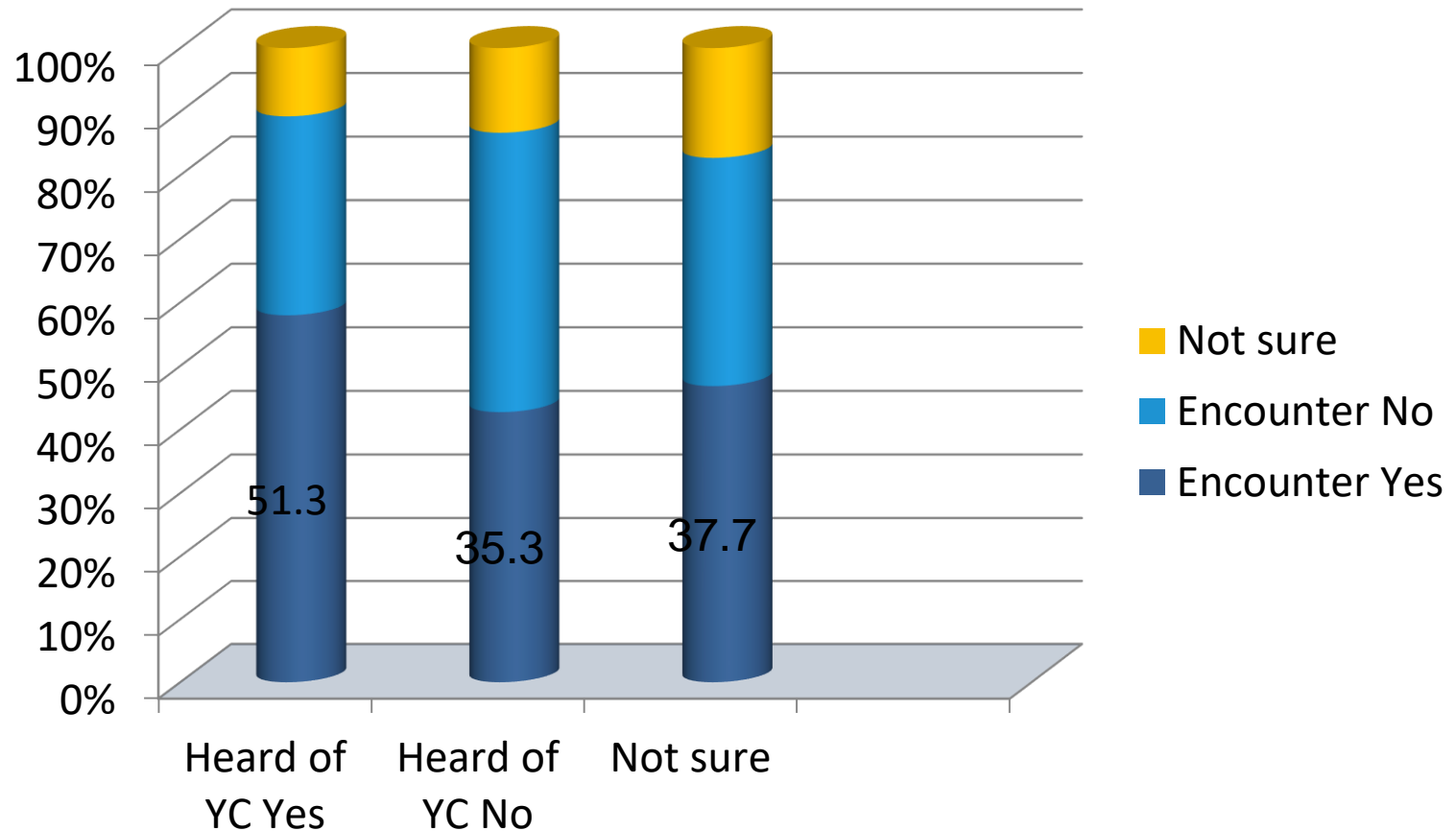
Familiarity with the Terms „Young Carer“ & „Young Adult Carer“ – All Participants



Familiarity with the Term „Young Carer“ by Professional Sector

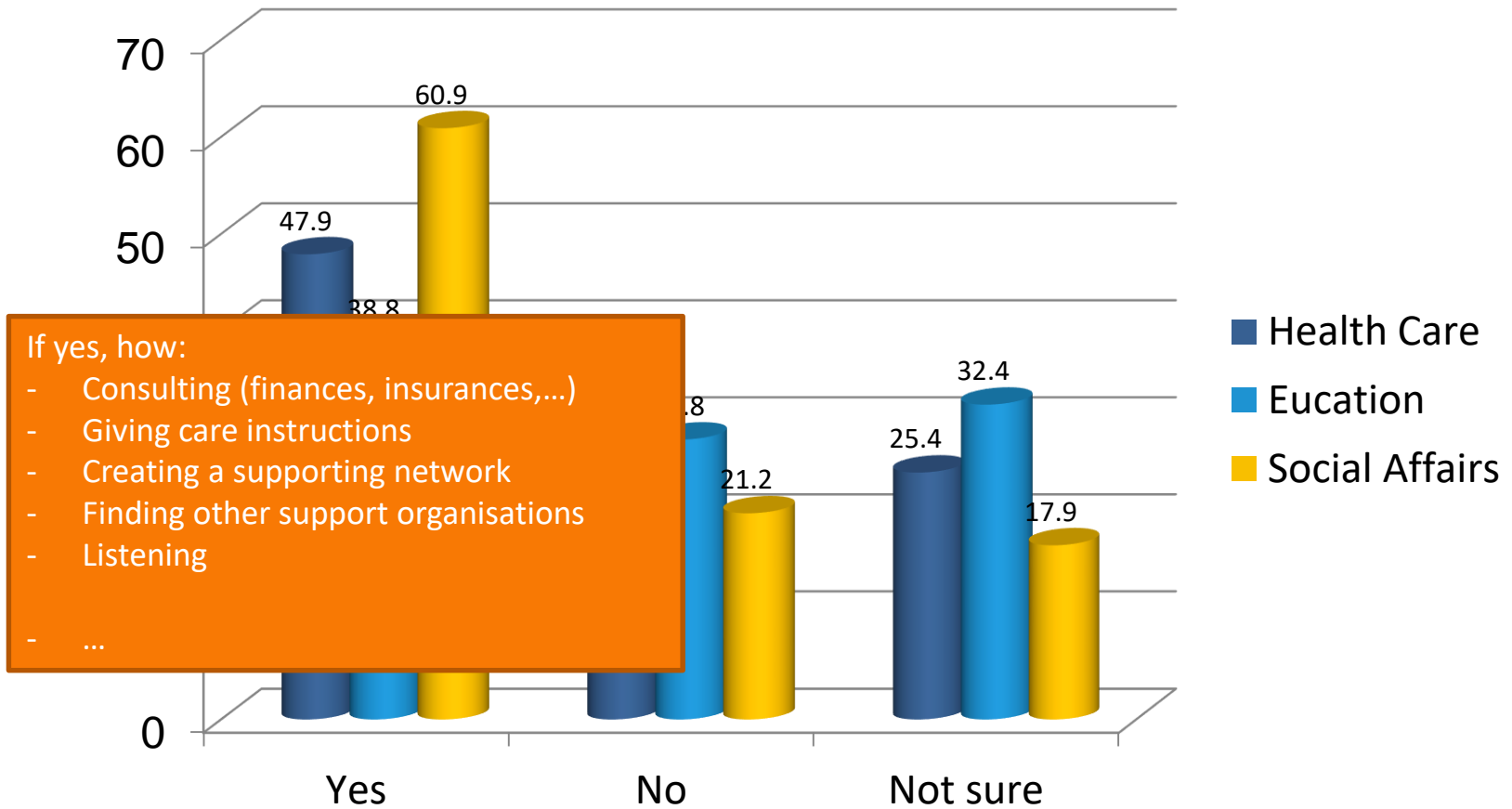


Relation between Familiarity of the Term Young Carers and Encounters in Professional Context

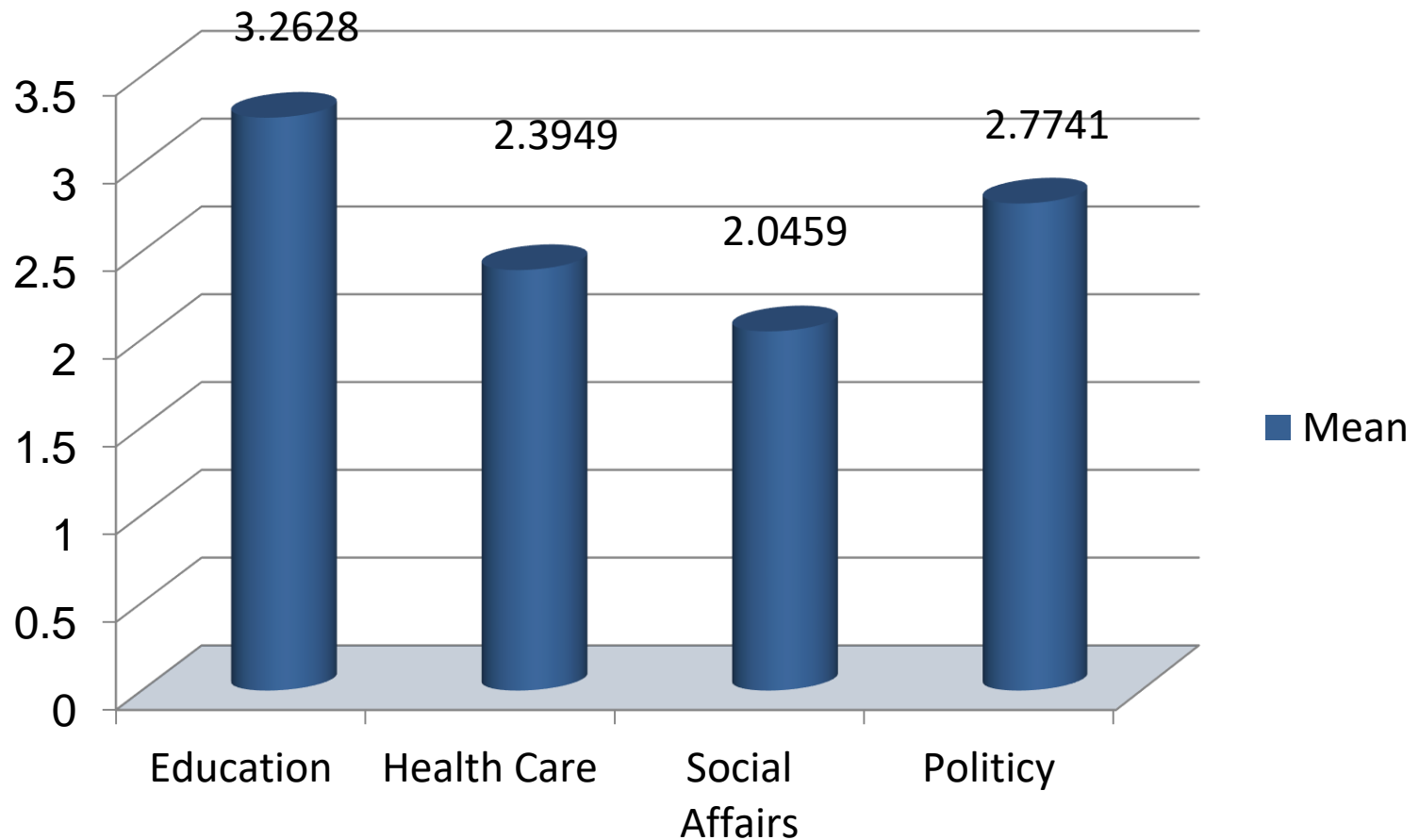


Ability to Support Young Carers within Professional Context

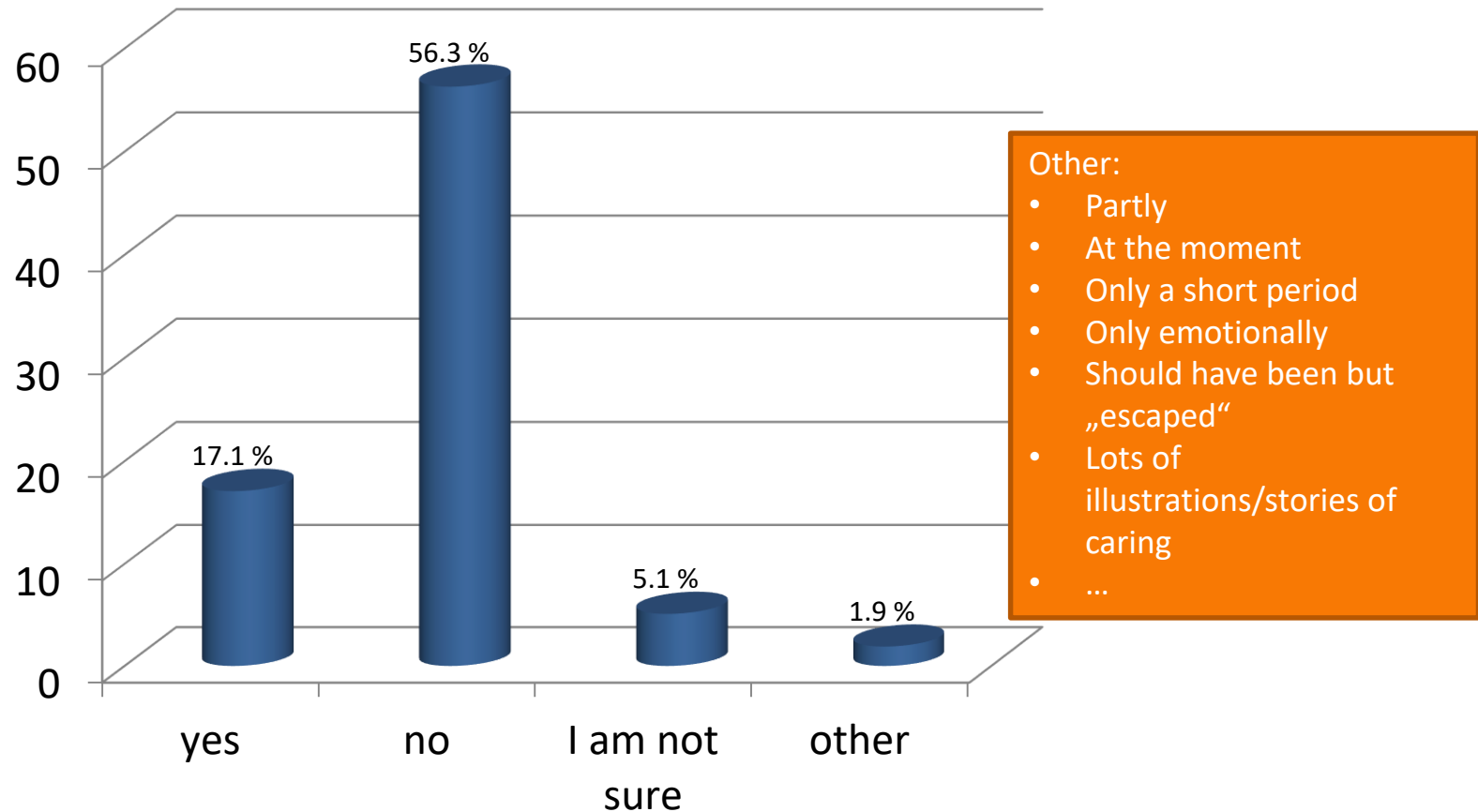
„Are you able to support YC due to your professional context?“



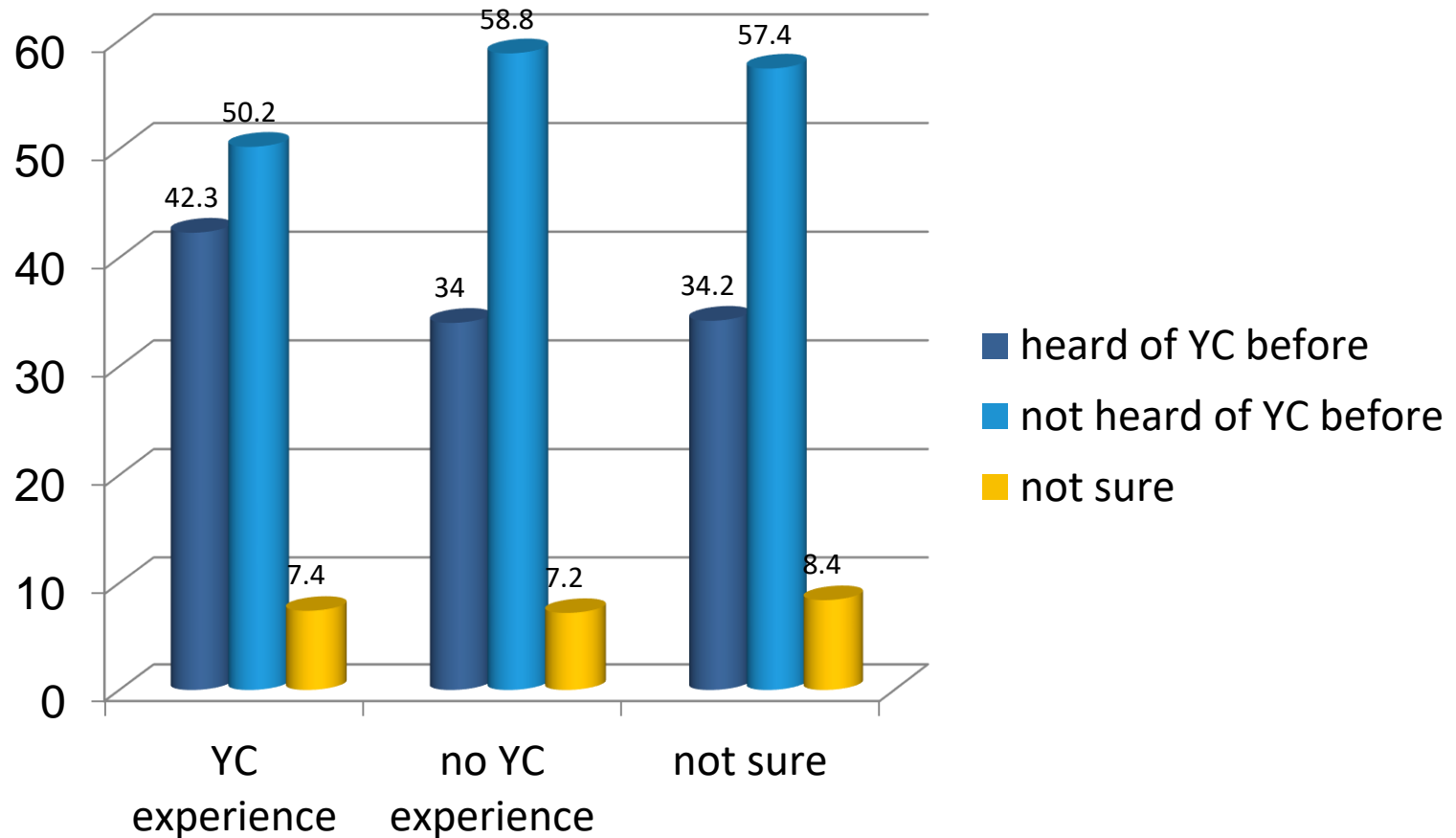
In case YC and YAC need support from outside the family, who should bear the responsibility in your point of view?



Would you consider yourself a Young Carer?



Own YC-Experience & Familiarity with Term „Young Carer“



Summary

- Professionals from the health care, education and social sector are not yet very familiar with the phenomenon of Young Carers
- Professionals with knowledge about the term „Young Carer“ can often provide better help
- Awareness is crucial to enable professionals to identify young carers faster and provide better support structures

Questions & Discussion

Contact us



agnes.leu@careum.ch
corinna.jung@careum.ch



<http://www.careum.ch/youngcarers>



#youngcarersCH
Careum@CareumCH



<http://blog.careum.ch/?p=7022>

Selected Publications

LEU, A., BECKER S. (2017). Länderspezifisches Bewusstsein zur Situation von Young Carers. Eine globale Betrachtung. In Zentrum für Qualität in der Pflege (Hg.), *ZQP-Report Junge Pflegende* (1st ed., pp. 31–35). Berlin.

LEU, A., BECKER S. (2016). A cross-national and comparative classification of in-country awareness and policy responses to 'young carers'. *Journal of Youth Studies*, 1-13.

LEU, A., JUNG, C., FRECH, M. (2016) Erwachsene, Jugendliche und junge Erwachsene als pflegende Angehörige in der Schweiz. *Paediatrica*, (27), 1–3.

LEU A., FRECH M. (2015) Pflegende Kinder, Jugendliche und junge Erwachsene - Noch unsichtbar, aber nicht vergessen. *Krankenpflege* 8/2015, p.9-11.

BECKER S., LEU A. (2014), Young Carers, in: Oxford Bibliographies in Childhood Studies. Heather Montgomery (Hrsg). New York: Oxford University Press.

Complete publication list: <http://www.careum.ch/yc/publikationen>.

Contact Details

Prof. Dr. iur. Agnes Leu
Programme Director «Young Carers»
Careum Research, Research Institute Kalaidos University
of Applied Sciences, Department of Health Sciences
Pestalozzistrasse 3
8032 Zurich (CH)

T + 41 43 222 5056
agnes.leu@careum.ch
www.careum.ch



Thank you!