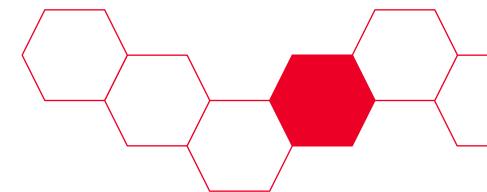
## Rememberance day





# Advanced home care and palliative care unit, Lund

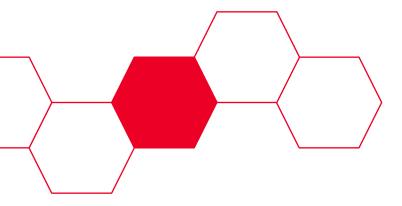
- Multiprofessional team
- 60 patients (all ages) in advanced home care
- 16 patients in the palliative unit/ward.
- The patients are located in 8 municipalities in the middle of Skåne.
- Most of the patients have a cancer diagnosis.



#### **Background**



- Legal right for children as next of kin to get support and information when a parent is seriously ill.
- 20-30 families with underaged children/year.
- Study visit at "Lilla Erstagården" childrens hospice in Stockholm.
- Target group: children as next of kin and the surviving parent.





#### Why bereavement support?



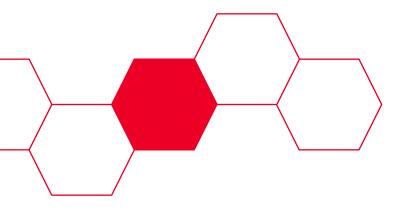
- A parents death can have negative consequences.
- Bereavement support can prevent children from developing psychological problems.
- Bereavement support can improve the parents psychological health and increase parenting ability.
- Bereaved children need to meet other children with similar experiences.





#### Aims of the Rememberance day

- To create a forum for families to meet and support each other.
- To let families come together to remember and celebrate the lives of their loved ones.
- To identify children in need of further grief support



#### **Program**

- Mingle
- Presentation of participants
- Group conversations
- Craft activities
- Barbecue
- Creating cards with messages
- Joined balloon release
- Evalutation







### Care dog team

**Torsten and Katarina** 





#### - May I have one more balloon...?



- Did you lose your mum or your dad?



#### What happened after?

- Evaluation.
- Participants exchanged contact details and continued meeting with the conversation leader for further group conversations.
- The concept has spread to other palliative care units.
- Extension of the concept to a Christmas event.

#### TAKE HOME MESSAGE...





It is not only about seeing the children, it is all about including them in every day work! minne ag



