

# Making life better for carers

Heléna Herklots Chief Executive

#### Carers UK: Why we're needed

## There are **6.5 million carers** in the UK today. That's 1 in 8 adults.



This **unpaid** care saves the state £119 billion a year.







#### Carers UK: Who we are

- Started in 1965 by Mary Webster
- Organisation of carers, run by carers for carers
- Carers are at the heart of everything we do
- Supportive community and a movement for change
- Work to lead with evidence, research, innovation and practice













We give expert advice, information and support.



We campaign together for lasting change.



We connect carers so no-one has to care alone.



We innovate to find new ways to reach carers.



Over

300

organisations across the UK are affiliated to Carers UK





90

employers are EfC members, reaching over 1.5 million employees

We offer expert consultancy and training for professionals



### We connect carers so no one has to care alone



We have

21.5k

members



On average

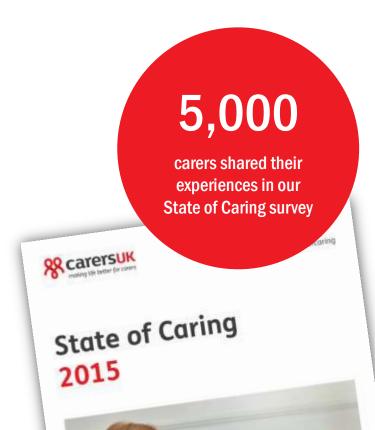
2,600

local events held during our major awareness campaigns











of all carers responding to our survey are worried about cuts to social security











**55**%

are worried about cuts to care and support services











**60**%

of working carers are worried about their ability to remain in work











76%

are concerned about the impact of caring on their health





54%

are worried about their finances

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- **Carers UK publishes around five new research** reports every year.
- Publicises research and evidence from others.
- Uses learning from across the world.



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Carers (Equal Opportunities) Act 2004

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Work and Families Act 2006

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Bringing lasting change

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Equality Act 2

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Equality Act 2010

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Care Act 2014

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### The next years: Our shared challenge

- economic and moral case
- evidence communicated persuasively
- rights and responsibilities
- new ways of reaching carers
- information is power
- a collective force

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