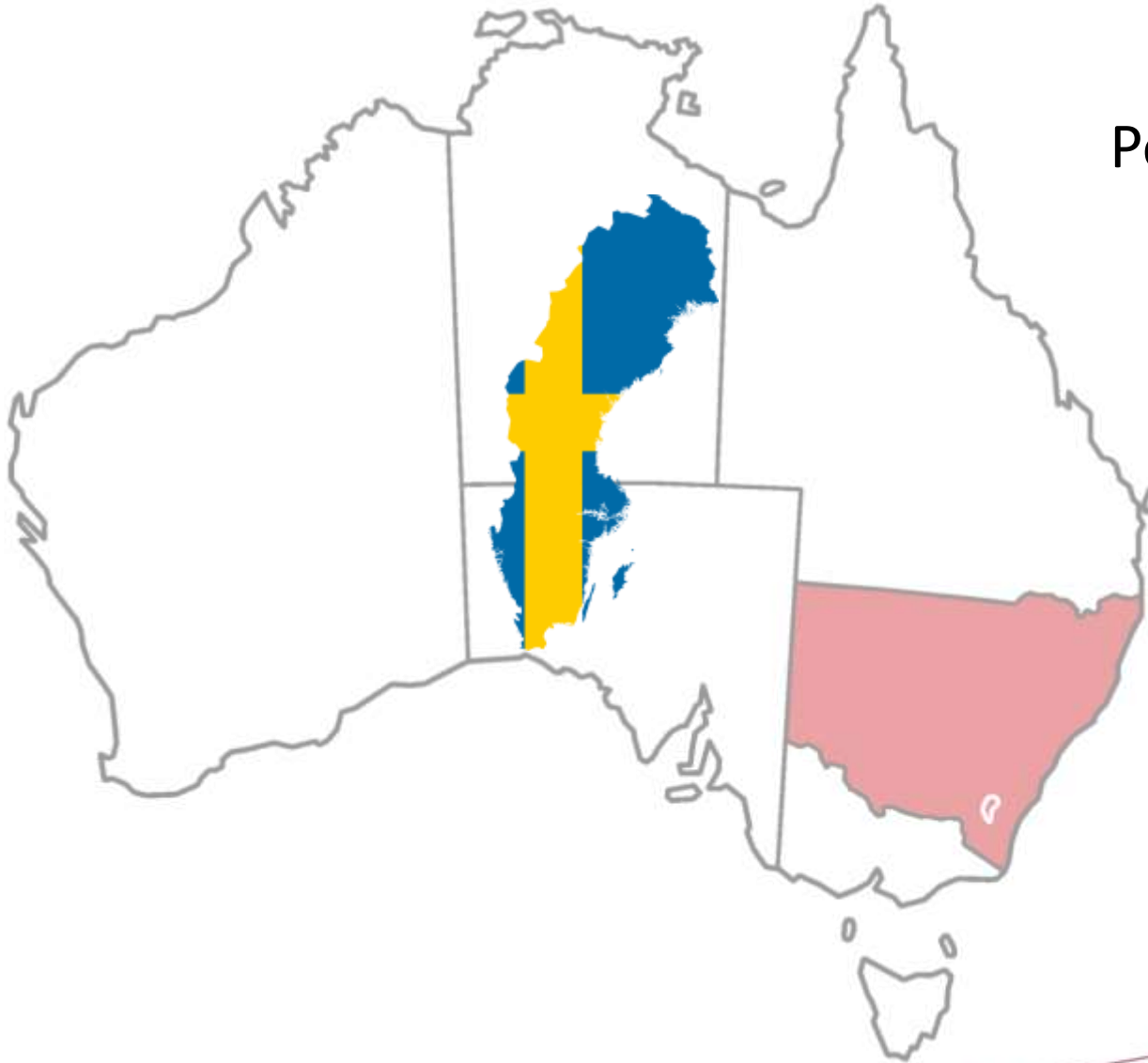


Carers who need care

International Carer Conference

5th September, 2015

Carers in Australia



Population: 23.9 million
2.7 million carers

NSW: 7.5 million
857,200 carers

Sweden: 9.7 million
1.3 million carers

Carers NSW

Carers NSW is the peak non-government organisation for carers in NSW and a member of the National Network of Carers Associations

Our focus is on improving the lives of carers and our vision is an Australia that values and supports all carers

Carers NSW works with all carers regardless of their age, location, life-stage or circumstances. This includes caring for individuals with support needs relating to ageing, disability, health and mental illness

Carers NSW 2014 Carer Survey

Most extensive Carer Survey ever conducted

Developed in consultation with an expert reference committee

Main sections:

- The person you care for
- Your employment
- Service access and social support
- Your health and wellbeing
- About you (demographics)

Carers NSW 2014 Carer Survey

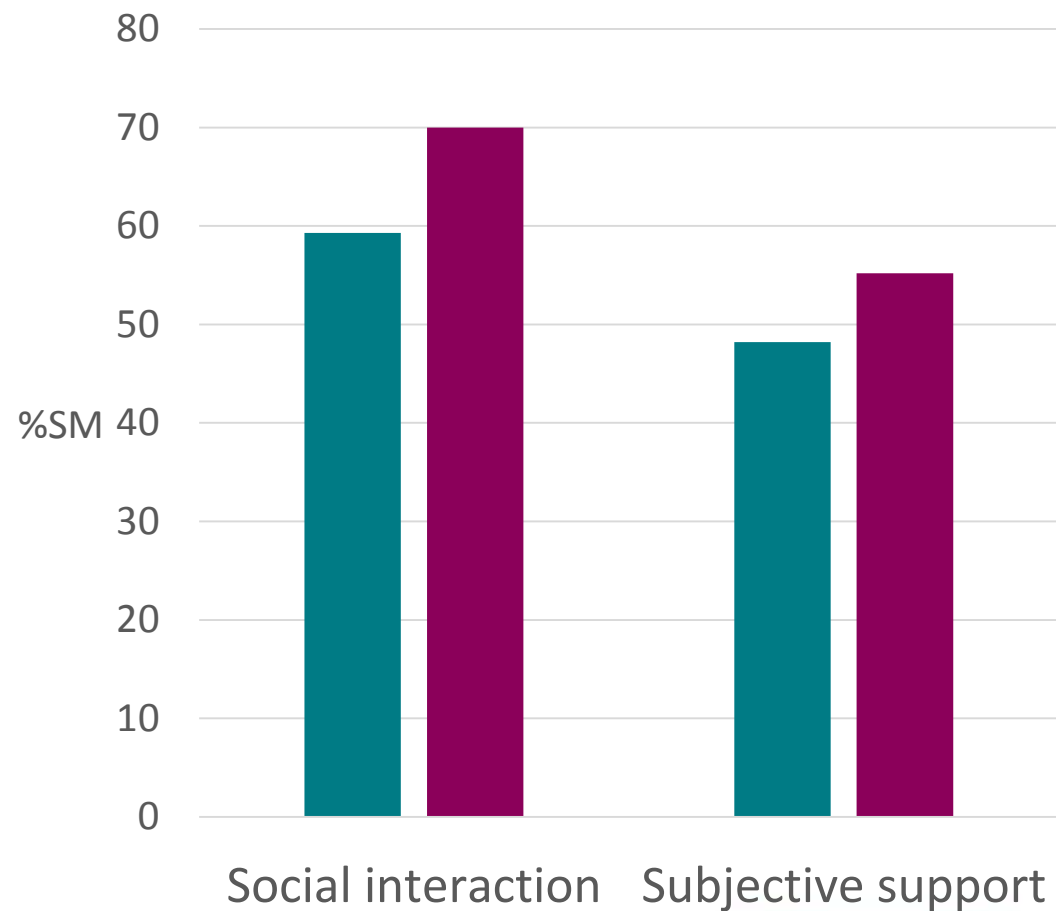
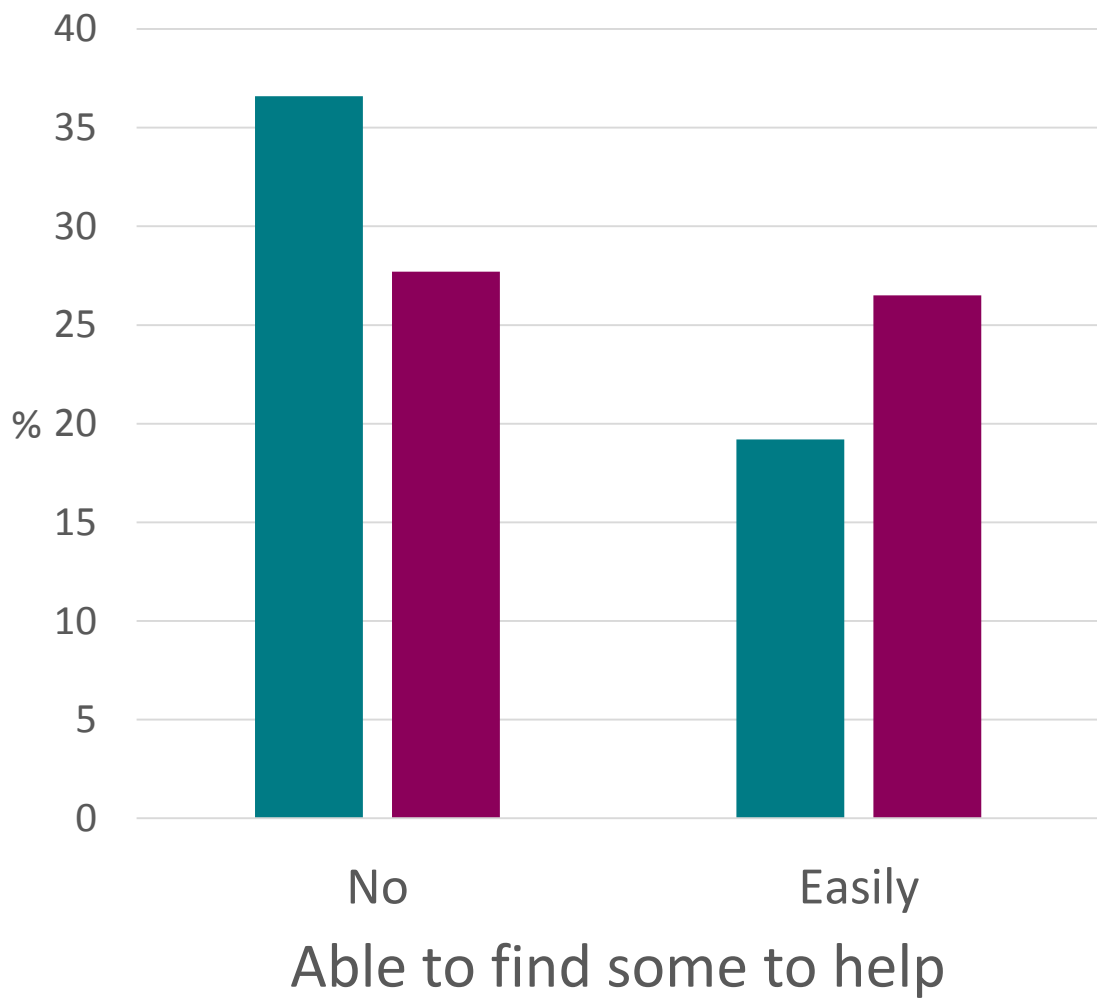
During the last 12 months, have you had any long-term illness or disability that has lasted, or is likely to last, at least 6 months?

Profile of carers

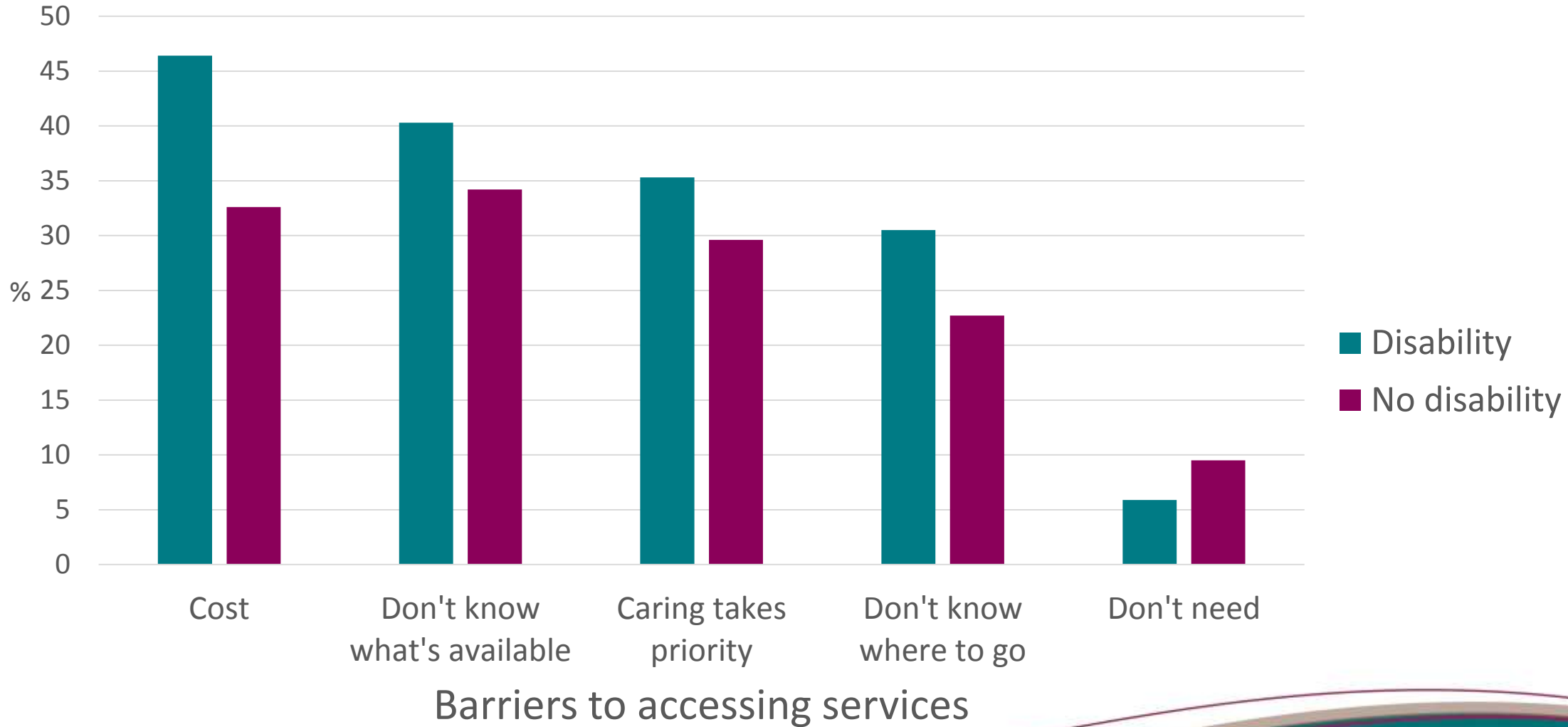
		Disability	No disability	TOTAL
Number		541	1100	1684
Gender	Female	86.3%	83.9%	84.0%
	Male	13.1%	15.6%	14.9%
Age (average)		57.0 years	55.3 years	55.9 years
Years caring (average)		12.4 years	10.8 years	11.3 years
Hours per week (average)		47.7 hours	46.1 hours	46.8 hours

Social support

■ Disability
■ No disability



Service access

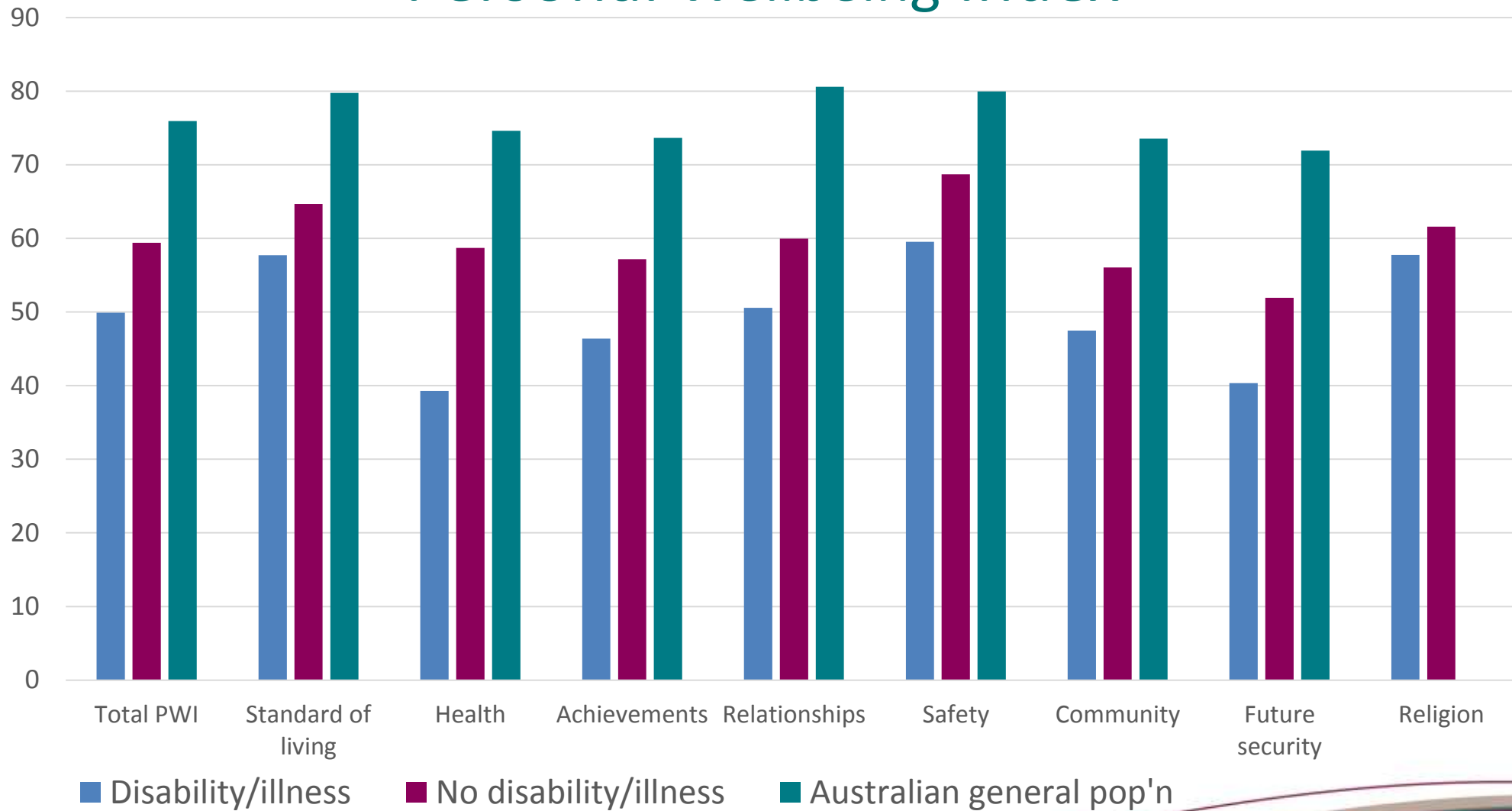


Sozan



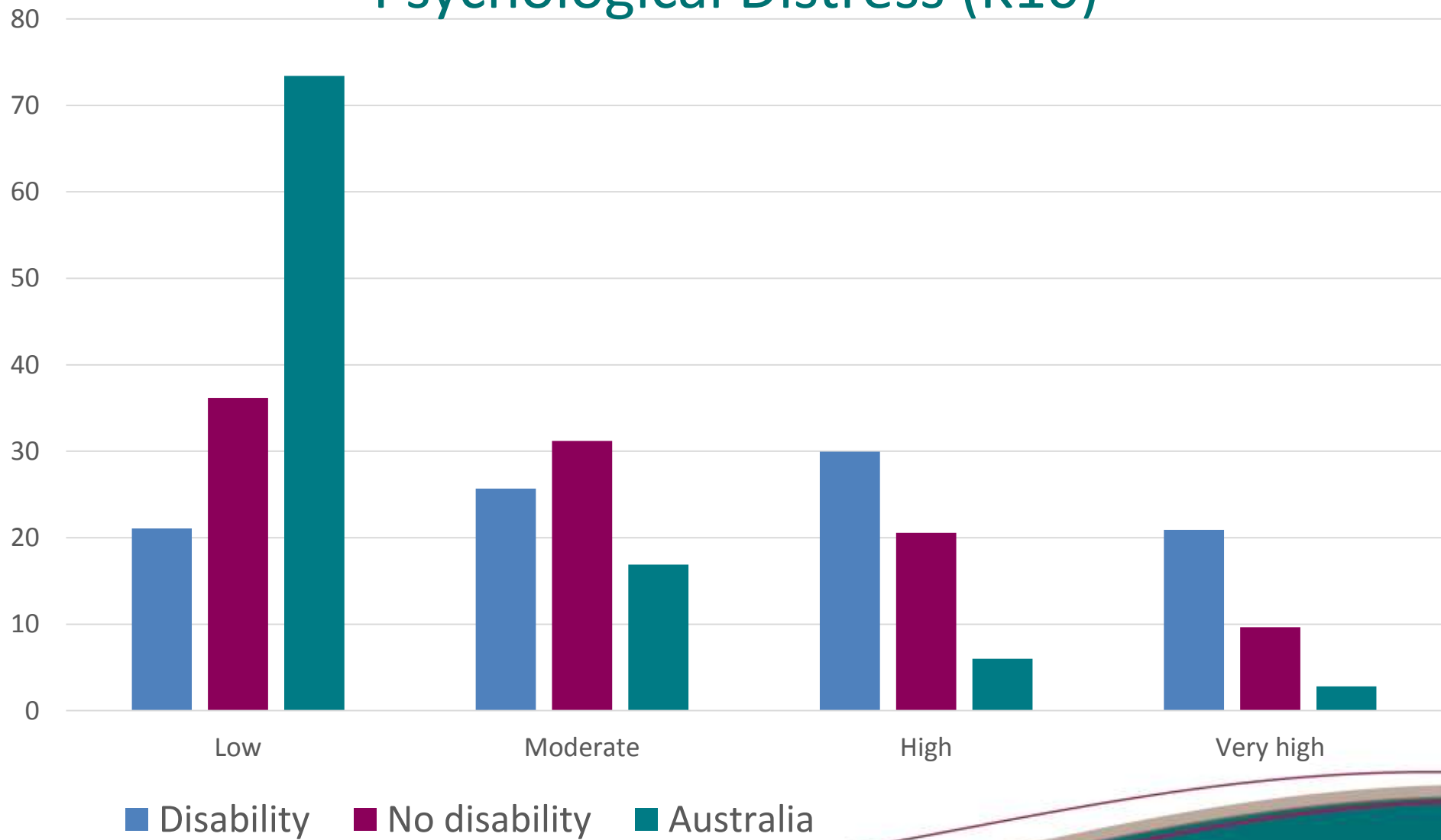
Wellbeing

Personal Wellbeing Index



Wellbeing

Psychological Distress (K10)



Discussion

1 in 3 carers with a reported long-term illness/disability

- Older
- Caring for longer
- More hours per week

Carers with disability/illness reported more negative outcomes

- Less social interaction/support
- More barriers to accessing services
- Lower wellbeing
- Increased distress

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